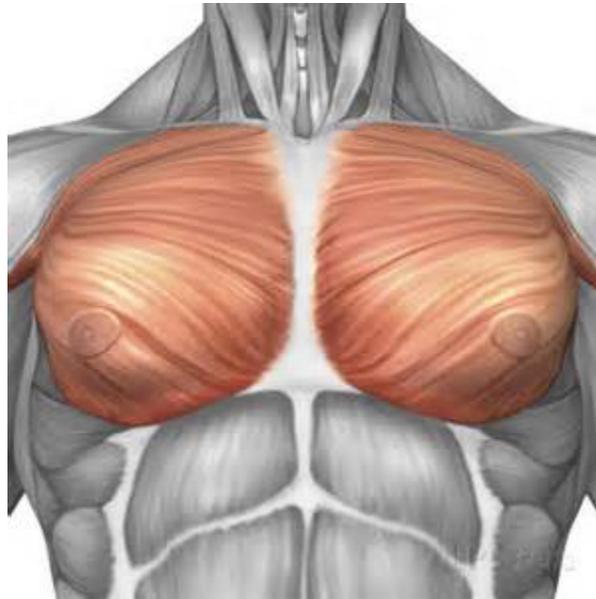




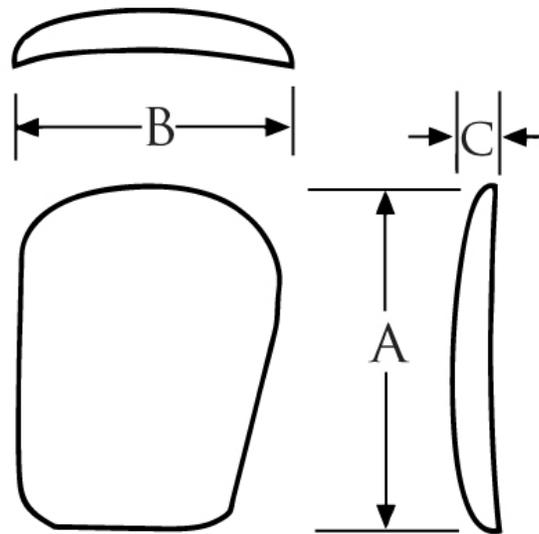
Surgical – Pectoral Implant Surgery – Downloadable Fact Sheet

Pectoral implants cosmetic procedures for men are ideal for patients who want to add shape and size to their chest area when other methods of exercise, weightlifting or diet have not produced the results desired.

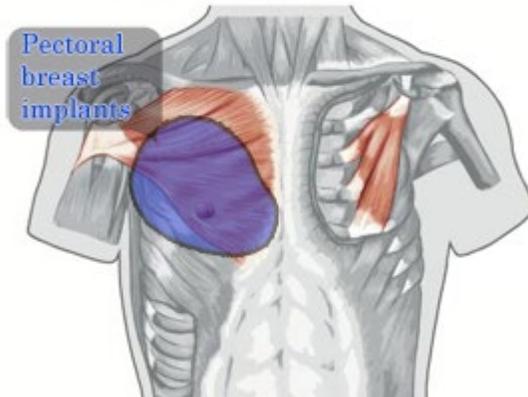


For patients with congenital defects or loss of muscle in an accident or injury, the pectoral implant procedure can often reproduce a natural and symmetrical chest area.

Pectoral implants can help build self-confidence in individuals who were once embarrassed by their appearance. In the hands of a skilled surgeon, the result is the athletic, natural appearance of a more well-proportioned torso.



The pectorals are really the focal point to other important physical attributes in a man's figure, such as delts, abs and shoulders. The pectoral implants can give you more shape, thickness and fullness.



Pectoral implant is becoming a more popular surgery as more men seek to improve their confidence levels, appearance and health.

Prior to the actual procedure, the surgeon may show you the different shapes and sizes of implants that are available. Together, you will pick one that forms naturally to the curves and shape of your existing muscles.

Pectoral implant surgery usually takes between one and two hours to complete and is typically done under a general anesthesia.

Patients who undergo pectoral implant surgery usually experience mild to moderate amount of pain in the days following the procedure. Soreness and bruising are common and should fade within a week or so. Doctors may prescribe oral medication to lessen the pain.

Most people are pleased with the results of pectoral implants. The implants themselves are designed to last a lifetime. Barring significant complications, secondary surgery is rarely needed. The results of pectoral implant surgery are different for every individual. Remember that depending on your body shape and size, having the biggest implant may not be the most desirable option. Always discuss the changes that you want with your doctor in order to make sure that they are reasonable and achievable.

Many patients become concerned with the similarities between male and female breast implants. It should be noted that the pectoral implants are not made from the same silicone material used in female implants. For men, the material is actually a solid yet soft material (similar to the material often used in athletic mouthguards) that cannot leak or break. In contrast to female implants, the male pectoral augmentation uses a solid elastomer implant that comes in different shapes and sizes, depending on the individual's preferences. It rises on top of the chest area to look like the patient's own muscles.

Most patients will have to wear an elastic vest or bandage after their pectoral surgery to reduce the swelling. However, patients may experience a moderate amount of pain for at least a week until the soreness subsides. It will be important to get a lot of rest, adequate hydration and not to lift anything or overexert. You will not be able to exercise for at least six weeks. You may be prescribed with pain medication, but aspirin should not be taken as it can lead to blood clots. And by the second week following the procedure, you will be feeling better and may be able to return to work and many normal activities.

Are you ready to get started? [Contact us](#) today to schedule your consultation!

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